

Part I: Understanding Trauma & Its Impact on Students

GUIDING QUESTIONS

1. A solid emotional foundation is essential in order to be successful in school. How does it impact a student when there are cracks in the foundation - what does it look like, what behaviors might you see, and how does it impact teaching and learning?
2. What are some ways you can help your students move from non-adaptive to adaptive self-regulation strategies?
3. How can you tell when trauma may have occurred in the context of challenging behavior? What are some of the other antecedents that often lead to challenging behavior?
4. How do you create a balance between extrinsic and intrinsic motivation in your classroom? How do you incorporate mastery, autonomy and purpose in your classroom?